

**Are you interested in taking part in a new programme available within Meadowbridge Surgery?**

***Are you aged 65 years and over?***

***Do you live alone or with another older person in your own home or in sheltered housing?***

***Would you like to know more about support and services available within your local community?***

***Have you been diagnosed with two or more of the following conditions?***

- **Diabetes**
- **Respiratory**
- **Heart Failure**
- **Coronary Heart Disease**
- **Stroke**
- **Hypertension**
- **Parkinson's**
- **Osteoporosis**

**If these apply to you, you may be eligible for a new service we provide at the practice called IMPACTAgewell®. It is a programme which is designed to support you to improve your health and wellbeing. A dedicated IMPACTAgewell® Project Officer will talk with you about your general health and wellbeing, and support you to look at taking small steps that would empower you to age well now, and in the future. Examples of support may include things like: *health condition support groups, community transport, befriending visits, handyperson services, home security checks etc* If you are interested please contact the Practice staff on: 028 933 53 454 for further information.**

***We look forward to hearing from you.***

