

Expression of Interest

Could you benefit, or do you know of an older person who could benefit from the support available via the IMPACTAgewell® Programme? Then please complete the form below and return to us, or contact us by telephone on **028 2565 8604**:-

Name

Address

Postcode

GP Practice

Telephone No.

Age

Date of Expression of Interest

We will then discuss your expression of interest with your GP Practice, to see if you could be eligible for support.

Please return your completed form to:-

IMPACTAgewell® Programme

c/o MEAAP

18 Queen Street

Ballymena

BT42 4BD

For Office Use Only

Referral Source

IMPACTAgewell® Programme, is a community led social prescribing programme which has been developed and will be delivered together with a wide range of healthcare practitioners including GP's, Community Pharmacists, Social Work teams, and Commissioners thanks to funding from The Dunhill Medical Trust.

If you would like more information regarding the various other projects MEAAP are involved in within Mid & East Antrim, please contact us:-

MEAAP
18 Queen Street
Ballymena
BT42 2BD

Tel: 028 2565 8604

info@meaap.co.uk
www.meaap.co.uk

 **@meaapni #IMPACTAgewell**

NI Charity Number: NIC104587

Company Number: NI620052

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IMPACTAgewell

Involving many to prescribe
alternative care together to agewell

Information Booklet

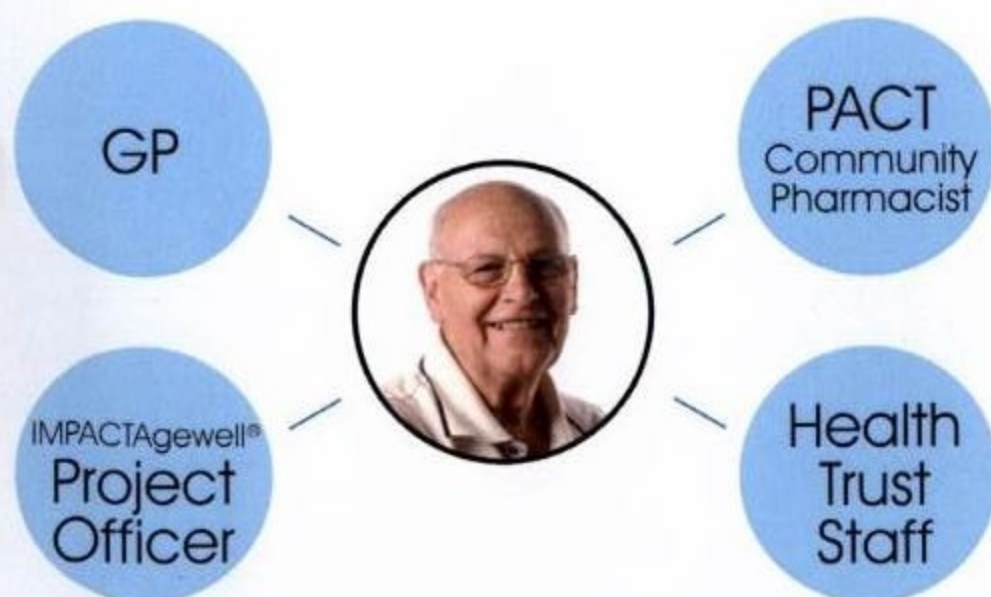


What is the IMPACTAgewell® Programme?

The IMPACTAgewell® Programme is a three year pilot programme, which commenced in April 2017 thanks to funding support from The Dunhill Medical Trust.

Our vision is to improve the quality of life for older people, now and in the future, by providing them with person centred services that will put their wellbeing and social needs on a par with their medical needs.

By working together with your local GP Practice, local Community Pharmacists and staff from the Northern Health & Social Care Trust team, we will be able to share relevant information which will support you to be empowered to manage your long term health conditions and also to access the wealth of community/voluntary activities in your area.



How do I know if I am eligible to take part?

If you meet the following criteria, and would be interested in getting some support, please speak with your GP Practice, your Community Pharmacist or your Northern Health & Social Care Trust representative or simply contact MEAAP.

Referral criteria

- Registered with one of the 9 GP Practices
- Aged 65 years & over
- Live alone or with another older person in your own home or in sheltered housing
- Have at least two long term health conditions
- Would like to talk about your general health and wellbeing
- Would like to know about and access the support available in your local community

The 9 participating GP Practices within the Mid & East Antrim area include:-

- Bernaghmore Medical Practice, Ballymena
- The Surgery, Ballymena
- Broughshane Medical Practice, Ballymena
- Smithfield Medical Practice, Ballymena
- Corran Surgery, Larne
- Victoria Surgery, Larne
- Glens of Antrim Carnlough Surgery, Larne
- Old School Surgery, Carrickfergus
- Scotch Quarter Practice, Carrickfergus

What support can I expect from the IMPACTAgewell® Programme?

If you are found to be eligible, you will be supported by a dedicated IMPACTAgewell® Project Officer for up to six months, who will talk with you about your general health and wellbeing, and support you to look at taking small steps that would empower you to age well now, and in the future.

Conversations will include topics such as:-

- Housing
- Transport
- Diet/Nutrition
- Physical Activity
- Income/Finances
- Social Connections
- Hobbies
- Managing your Health Conditions



The types of support available might include for example: -

- Befriending, via the telephone or home visits
- Home Security Checks
- Handyperson Services
- Energy Efficiency Checks
- Benefits Advice
- Community Transport
- Health Condition Support Groups
- Luncheon Clubs
- Arts & History Clubs

