



Contact Us

Good Morning Carrickfergus
Church of the Nazarene
Oakfield Drive
Carrickfergus
BT38 7SP

Tel: 028 9332 6000
Mob: 07734 906242

Email: info@goodmorningcarrickfergus.com

NIC No. 101188



Information Leaflet

Good Morning Carrickfergus is a free, telephone befriending, support and alert service for older and vulnerable adults in the Greenisland, Carrickfergus & Whitehead areas.

We aim to support people to remain independent in their own homes and to reduce their fear of crime, isolation and vulnerability. We also connect people with local services, other agencies and community activities.



The Service

You will receive a telephone call at an agreed time, up to 5 times per week (Monday-Friday) in order to:

- Check that you are feeling safe in your own home
- Check that you are feeling well
- Help you feel less isolated

We also provide some social events & inform you about other services and activities you may be interested in and which may help you make friends or support you in your own home.



Who can access the service?

In order to access our service you must live within Greenisland, Carrickfergus & Whitehead areas and should meet 2 of the following criteria, *although these are not rigid*:

- Be over 18 years old
- Live alone or with an equally vulnerable or isolated partner
- Have no close family or friends who call with you regularly
- Have general health problems
- Have a physical, learning or mental health disability which prevents you from going out much

How do I get the service?

You can be referred to the service by any of the following:

- Health & Social Care Trust staff - eg Social Worker/GP/Community
- Nurse etc
- Mid & East Antrim Borough Council
- PSNI
- Fire & Rescue Service
- Friend or Relative
- Local Faith Group
- Community or Voluntary Group
- Yourself



What happens next?

- You will be visited by the service co-ordinator or another nominated person and given details about the service
- To be accepted you will have to agree to the conditions of the service and give your consent
- The service will end for you at any stage if you wish